



MILLBRIDGE  
**MARCH**  
*is*  
**Here**  
*Spring is in the Air*

**MILLBRIDGE HIGHLIGHTS**

**DR. SEUSS BIRTHDAY PARTY**

*Come join the MillBridge staff to help celebrate the birthday of the author we all grew up on! Dr. Seuss has made reading fun for us all and for those who are growing and learning to read now!*

**MILLBRIDGE GOLF OUTING**

*Its finally time to get MillBridge back in action on the golf course. The first golf outing will be at Monroe Country Club and will be the perfect place to get you back into the swing of things!*

**FOOD & WINE OF ITALY COOKING CLASS**

*Join Charlotte Culinary Expert, and cooking instructor Heidi Bilotto for a fun and flavorful food and wine trip to Italy! In this interactive, hands-on class, Heidi will show you how easy it is to cook internationally and Eat Local.*

**MARCH MADNESS 3 ON 3 BASKETBALL TOURNAMENT**

*Ready to get involved in your own basketball tournament? Now you can! Come on out for a fun 3 on 3 basketball tournament and see if your team has what it takes to win!*

Sun	Mon	Tues	Wed	Thur	Fri	Sat
					1	2 7:30 am: Fat Shredder 2 pm: Dr. Seuss's Birthday Party
3	4 8:30 am: Zumba 5-7 pm: MillBridge Teen Council	5 6 am: Fat Shredder 8:30 am: Total Body Conditioning 10 am: Yoga 4 pm: Kid's Craft 7 pm: Book Club	6 6:30 pm: Zumba	7	8	9 7:30 am: Fat Shredder
10	11 8:30 am: Zumba	12 6 am: Fat Shredder 8:30 am: Total Body Conditioning 10 am: Yoga	13 6:30 pm: Zumba 7 pm: Wine Night	14 6:30 pm: Yoga	15 7-9 am: Drive-Thru Breakfast 12 pm: Classic's Lunch	16 7:30 am: Fat Shredder 8 am: MillBridge Golf Outing
17	18 8:30 am: Zumba	19 6 am: Fat Shredder 8:30 am: Total Body Conditioning 10 am: Yoga 7 pm: Movie Club	20 6:30 pm: Zumba	21 7-9 pm: MillBridge Newtownrking Event	22	23 7:30 am: Fat Shredder 11 am: MB Swim Team Interest Meeting 3-5 pm: Craft Beer Trade 5:30 pm: Food & Wine of Italy Cooking Class
24 2 pm: March Madness 3 on 3 Tournament	25 8:30 am: Zumba 5-7 pm: MillBridge Teen Council 7-9 pm: Garden Club @ Dreamchasers	26 6 am: Fat Shredder 8:30 am: Total Body Conditioning 10 am: Yoga	27 6:30 pm: Zumba	28 6:30 pm: Beer Yoga	29 5-9 pm: MLB Opening Day Party	30 7:30 am: Fat Shredder
31 4-6 pm: Pocket Park Picnic - Nature Park						